

7 EXERCISES for SPIRITUAL STRENGTH

6. BE OF SERVICE TO OTHERS

History shows that the most spiritually strong, peaceful, loving people were focused on being of service to others. Jesus, Buddha, Mother Teresa, Gandhi, Harriet Tubman, MLK Jr... the list goes on. There is real power and peace in service for its own sake. Take time to help someone in need or share a contact with them who can. You don't have to be special to be the turning point in someone's life – every person you encounter is brought to you for a specific reason. Serve the situation and your spiritual strength will surely grow.

What is meant by “SERVICE” to others? Actionable words:

1. Not always monetary; but sometimes could be
2. Given of self, talents and gifts
3. PRO BONO – service without something return & no notoriety
4. Helping someone else; rendering aid;
5. MERCY

RUTH -- Ruth 1:1-18

Ruth serves Naomi with companionship, devotion, respect, loyalty, friendship, kindness, LOVE, support, comradery, help, hope, uplift, and exhortation and FAMILY. Ruth actually gains husband (Boaz), FAMILY, friendship, respect, LOVE, spiritual strength and the True God.

DORCAS (Tabitha)-- Acts 9:36-43 [The Dorcas Society]

Dorcas serves Jesus and the community with kindness, material things (seamstress), robes, blankets, curtains, dresses, giving of her talent, giving of her substance, love, alms, support for widows, and the gospel. Dorcas gains her life back, friendship, respect, and hope. Salvation comes to many via her service and story. Pro Bono

JOSES, aka BARNABAS (Levite, Cypriot) -- Acts 4:36-37

Baranabas serves the Apostles with money (from a field a field he sold) and encouragement and exhortation. Pro Bono

The GOOD SAMARITAN -- Luke 10:25-37

Question about eternal life?

Answers: Love God, with ALL and love your neighbor as yourself.

Second question: Who is my neighbor?

Priest and a Levite -- "Church folk"

Samaritan is the least likely person expected to help the traveller
(Jerusalem to Jericho)

The Samaritan serves God, everyone, those in need, those down on their luck, those disregarded by others, strangers, neighbors, those left for dead... with compassion, money, with the promise of repayment for the full cost, PRO BONO, without judgment, good deed, time, love, generosity, sacrifice, without prejudice, and MERCY!

1 Corinthians 16:14 "Let all that you do be done in LOVE."